

IPL

PRE-CARE

- Recently tanned skin cannot be treated. Avoid the sun 2 weeks before treatment as hypopigmentation (white spots) or hyperpigmentation (dark spots) could occur and may not clear for several months or be permanent.
- Avoid products that may be irritating to the skin, such as retinols & acne treatments.
- If there is hair in the treatment area, please shave prior to your appointment.

POST-CARE

- Immediately after treatment, there may be mild redness in the treatment areas, like the feeling of sunburn, which may last from several hours to 3 days.
- When treating Rosacea and redness, there is a chance of swelling around the eyes that can be severe. If this occurs, avoid sodium and elevate your head when sleeping. If swelling persists over three days, please call our office to speak with your medical provider.
- The targeted brown pigment in “age and sunspots” is typically darker after treatment as the pigment is lifted to the skin’s surface. The darker pigment has a “coffee ground” appearance and generally sloughs off after 1-3 weeks. Do not pick, peel, or scrub at the darker pigment to speed the sloughing process. Treat the skin gently and allow the pigment to slough off naturally.
- Makeup may be used after the treatment if the skin is not irritated.
- Avoid sun exposure for 2 weeks after treatment and always use sunscreen.
- Treat the skin gently, as if you had a sunburn, for the first 48 hours. Avoid very hot showers, hot tubs, saunas, and swimming pools for the first 72 hours post treatment.