

Chemical Peel

PRE-CARE

- No Retin-A for 1 week prior to treatment.
- No prolonged sun exposure or sunburns prior to treatment.
- If an active or extreme breakout occurs before treatment, call for an evaluation.

POST-CARE

- Limit sun exposure as much as possible for 2-4 weeks following your peel.
- Apply sunscreen daily
- Avoid strenuous exercise for 24 hours post service.
- Use your hands to gently cleanse skin 24 hours post peel.
- Do not manually exfoliate the treated area for 3 weeks following your peel.
- Do not apply any acid or retinol-based products for at least 72 hours following peeling service.

MOST IMPORTANTLY - Do not pick at your skin or encourage it to slough off before it is ready as it can cause hyperpigmentation and scarring.